

MENTAL HEALTH RESOURCES

This document is a catalogue of mental health resources for each Tri Delta chapter across North America. We hope this is a helpful resource for officers to use to educate their chapter on mental health resources available. Officers are encouraged to share relevant information in this document to the chapter in conjunction with the Behind Happy Faces workshops.

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ALPHA - BOSTON UNIVERSITY STUDENT COUNSELING SERVICES

On-campus support and counseling center. Services included:

- Staff are on call 24 hours a day for mental health emergencies
- Short term individual counseling
- Group therapy
- Referral to local resources for long term counseling
- Outreach and prevention programming

Location: 881 Commonwealth Avenue

Hours: Monday-Wednesday 8:30 a.m.-4:30 p.m.; Thursday 10 a.m.-4:30 p.m.; Friday 8:30 a.m.-4:30 p.m.

Phone: (617) 353-3569

Website: Click [here](#) to visit the website.

TUFTS MEDICAL CENTER- DEPARTMENT OF PSYCHIATRY

Off-campus hospital and clinic. Services included:

- Comprehensive psychiatric and neuropsychological evaluation of mental health problems
- Offer treatment for psychiatric problems
- Psychotherapy options
- Mood Disorders programming

Location: 800 Washington Street, Pratt Building, 2nd Floor

Hours: 24/7

Phone: Department of Psychiatry: (617) 636-0219; South Boston Behavioral Clinic: (617)-268-1700

Website: Click [here](#) to visit the website.

ALPHA ALPHA - ADELPHI UNIVERSITY STUDENT COUNSELING CENTER

The Student Counseling Center offers confidential individual and group counseling and crisis intervention for victims of sexual assault incidents, along with individuals with other mental health problems. Services included:

- Counseling services for students
- Drugs and Alcohol Dependency Help
- Group Counseling
- Mental Health Workshops

- Sexual Assault and Alcohol Training (EverFi)

Location: Ruth S. Harley University Center, Room 310

Hours: Monday-Thursday 8:30 a.m.-7 p.m.

Friday 8:30 a.m.-4:30 p.m.

Phone: (516) 877-3646

Email: scc@adelphi.edu

Website: Click [here](#) to visit the website.

NASSAU PSYCHIATRIC SERVICES

Off-campus psychiatric clinic. Services included:

- Evaluation and treatment of mental disorders
- Diverse therapies for those with mental disorders

Location: 601 Franklin Ave, Suit 120

Phone: (516) 280-9030

Email: napsclinical@gmail.com

Website: Click [here](#) to visit the website.

ALPHA BETA - CORNELL UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS is a safe place to talk with someone privately about any concern. CAPS staff members provide a safe, confidential atmosphere where, together, we can consider your current situation in the context of your personal history and life experiences. Services included:

- Crisis counseling and intervention
- Individual and group counseling
- Psychiatry evaluation and referrals

Location: 110 Ho Plaza

Hours: Mon, Tues, Thurs, Fri 8:30 a.m.-5 p.m.; Wednesday 10 a.m.-5 p.m.; Saturday 10 a.m.-4 p.m.

Phone: (607) 255-5155

Email: gannett@cornell.edu

Website: Click [here](#) to visit the website.

EARS STUDENT PEER COUNSELING

The Empathy, Assistance & Referral Service (EARS) listens to any problem you may be dealing with. When you call EARS, your confidentiality and anonymity are assured. Services included:

- Mental health evaluations by clinicians
- Treatment of mental health disorders
- Different types of therapy options for those with mental health disorders

Location: 213 Willard Straight Hall

Phone: (607) 255-3277

Website: Click [here](#) to visit the website.

TOMPKINS COUNTY MENTAL HEALTH

Tompkins County Mental Health Services Department is an off-campus mental health clinic

Location: 201 E. Green Street

Hours: Mon and Wed 8:30 a.m.-6 p.m.; Tues, Thurs and Fri 8:30 a.m.-4:30 p.m.

Phone: (607) 274-6200

Website: Click [here](#) to visit the website.

WOMEN'S RESOURCE CENTER

The WRC champions endeavors that support women's education, empowerment and advancement at Cornell and beyond

Location: 209 Willard Straight Hall

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (607) 255-0015

Email: wrc@cornell.edu

Website: To visit the website, click [here](#).

OMBUDSMAN OFFICE

The Ombudsman Office offers a safe place where community members may discuss problems or issues within the University. The Ombudsman does not take a side in disputes. The Ombudsman treats all inquiries as confidential.

Location: 118 Stimson Hall

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: 607-255-4321

Email: ombudsman@cornell.edu

Website: Click [here](#) to visit the website.

ALPHA CHI - UNIVERSITY OF MIAMI

COUNSELING CENTER

Psychologists, social workers, mental health counselors and predoctoral interns can provide either brief or ongoing counseling, free of charge. Call for an appointment. Emergencies are seen the same day. All visits are confidential.

Location: Rhodes House, Suite N

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (305) 284-5511

Website: Click [here](#) to visit the website.

CORAL GABLES COUNSELING CENTER

Off-campus counseling center with various mental health professionals. Offering both individual counseling and couple counseling.

Location: 2600 S Douglas Rd. Suite 1003

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: 305-445-0477

Website: Click [here](#) to visit the website.

HEALTHY CONNECTIONS MENTAL HEALTH CENTER

Off-campus counseling center. Accepts most insurance plans and has a sliding scale fee.

Location: 2780 SW 37th Ave. Suite 206

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: 305-646-0112 (24HR Crisis Hotline)

Website: Click [here](#) to visit the website.

ALPHA DELTA - STETSON UNIVERSITY COUNSELING CENTER

The Counseling Center provides student survivors of sexual assault or harassment with confidential long-term or short-term counseling. Therapists can help in forming a safety plan.

Location: 421 N. Woodland Blvd.

Unit 8365

DeLand, FL 32723

Hours: Monday-Friday 8 a.m.-12 p.m.; 1 p.m.-4:30 p.m.

Phone: (386) 822-8900, On-call counselor after-hours: 833-848-1765

Website: Click [here](#) to visit the website.

STARTING POINT MENTAL HEALTH LLC

Off-campus counseling center that specializes in cognitive, psychiatric, anxiety and depression therapy, among others.

Location: 620 Each New York Ave. Suite A

Hours: Monday-Friday 8:30 a.m. – 6 p.m.

Phone: (386)-243-3761

Website: Click [here](#) to visit the website.

ALPHA EPSILON - BRENAU UNIVERSITY THE CENTER FOR HEALTH AND WELL BEING

Comprised from the Health Clinic, Counseling Services and Spiritual Life, the Center for Health and Well Being is dedicated to helping students for any needs. Services included:

- **Counseling Center** – Provides individual or group sessions where students can learn new coping skills, get feedback from others, and develop strategies for life. To make an appointment, call Gay Baldwin at (770) 534-6121 or email at gbaldwin@brenau.edu.
- Examinations
- Assessment, diagnosis and treatment

Location: The Center for Health and Well Being

205 Boulevard

Phone: (770) 534-6135

Email: healthservices@brenau.edu

Website: Click [here](#) to visit the website.

AVITA COMMUNITY PARTNERS

A resource for individuals and families in northeast Georgia experiencing mental illness, developmental disabilities and addictive diseases. Offers both psychoeducational classes and counseling

Location: 915 Interstate Ridge Dr. G

Phone: 1-800-525-8751

2nd Phone: 678-207-2900

Website: Click [here](#) to visit the website.

ALPHA ETA - FLORIDA STATE UNIVERSITY FSU COUNSELING CENTER

The FSU Counseling Center is confidential, free mental health counseling and referrals center for students which hosts survivor support groups.

Location: 250 Askew Student Life Building

Hours: Monday-Friday 8 a.m.-4 p.m.

Phone: 850-644-TALK (8255)

Website: Click [here](#) to visit the website.

IMPACT BEHAVIORAL HEALTH

The Impact Behavioral Health Counseling Center is an off-campus mental health clinic that offers therapy to individuals, couples and families. Therapists have different specializations, include college students.

Location: 1965 Capital Cir NE, Ste 102

Hours: Monday-Friday 9 a.m.-6 p.m.

Phone: 850-671-1230

Website: Click [here](#) to visit their Facebook page.

ALPHA KAPPA - UNIVERSITY OF MAINE UNIVERSITY OF MAINE COUNSELING CENTER

Student Counseling Services, a department of Student Affairs, provides mental health services and counseling in order to enhance the psychological well-being of students.

Location: 5721 Cutler Health Center, Room 125

Hours: Monday-Friday 8 a.m.-12 p.m.; 1-4:30 p.m.

Phone: (207)-581-1392; Free 24/7 Crisis Text Line: Text HELLO to 741-741

Website: Click [here](#) to visit the Student Counseling Services website.

STUDENT WELLNESS CENTER

Whether it is physical, emotional or financial wellness, the Student Wellness Resource Center can help promote a healthy lifestyle.

Address: Room 235 Memorial Union, University of Maine, Orono ME, 04469

Phone: (207)-581-1423

Email: um.swell@maine.edu

Website: Click [here](#) to visit the website.

COMMUNITY HEALTH AND COUNSELING SERVICE'S CRISIS RESPONSE LINE

Non-profit organization in Maine that provides a range of community-based mental health services. This number is always staffed if you do not want to call the counseling center or campus police.

Phone: 1-800-924-0366

ALPHA LAMBDA - UNIVERSITY OF SOUTH CAROLINA COUNSELING AND PSYCHIATRY

Counseling & Psychiatry provides both student survivors of sexual assault or harassment along with students with mental health concerns with confidential long-term or short-term counseling.

Therapists are available to assist survivors in forming a safety plan and provide essential emotional wellness services for all students.

Location: Thomson Building, 2nd-4th Floors, 1401 Devine St.

Hours: Monday-Thursday 8 a.m.-6 p.m.; Friday 9 a.m.-5 p.m.; Sunday 2-8 p.m.

Phone: For the office call (803) 777-5223; to make appointments, call (803) 777-1833

Website: Click [here](#) to visit the website.

WELLNESS & PREVENTION

Offers programs and education to help students, specializing in disease prevention, exercise, nutrition, sexual health and stress management. To visit the website, click [here](#).

COLUMBIA AREA MENTAL HEALTH CENTER

Off-campus counseling center for those with serious mental illnesses and concerns. Provides effective mental health services with dignity, honesty, integrity, and respect.

Location: 2715 Colonial Drive, Suite 100

Hours: Monday-Friday 8:30-5 p.m.

Main Phone: 803-898-4800; After-Hours Emergency Phone: 833-364-2274

Website: Click [here](#) to visit the website.

ALPHA MU - COLLEGE OF WILLIAM & MARY

The university has compiled a list of both on-campus and online mental health resources.

To visit the website, click [here](#).

WILLIAM & MARY COUNSELING CENTER

William & Mary Counseling Center, headed by the Office of Health Promotion, is committed to enhancing the overall health and wellness of our William & Mary Tribe. While the Counseling Center focused on Mental Health and Wellness, the Office of Health Promotion has multiple focus areas that include Alcohol and Other Substances, Sexual Health and Sexual & Intimate Partner Violence Prevention, as well. To visit the Office of Health Promotion website, click [here](#).

Hours: Monday-Friday 8 a.m.-12 p.m.; 1-5 p.m.

Counseling Center Phone: (757) 221-3620

Office of Health Promotion Phone: (757) 221-2195

Website: To visit the Counseling Center website, click [here](#).

COLONIAL BEHAVIORAL HEALTH

Off-campus outpatient services for individuals in areas of mental illnesses, substance use disorder and intellectual disabilities. Provides reduced fees for services and is an option if the university counseling center is not an option. Call for a brief telephone screening to determine if Colonial Behavioral Health services will benefit you.

Location: 1657 Merrimac Trail, Williamsburg, VA 23185

Phone: 757-220-3200

Website: To visit the website, click [here](#).

ALPHA NU – COLLEGE OF CHARLESTON COLLEGE OF CHARLESTON COUNSELING CENTER

On-campus counseling center that provides mental health services to students. Counselors do a 30-minute first appointment that focused on your concerns and helps you find resources, either at the Counseling Center or another counselor in the community.

Location: Robert Scott Small Building, Suite 300, 3rd Floor

Phone: To make an appointment: 843-953-5640

To visit the website, click [here](#).

CHARLESTON DORCHESTER MENTAL HEALTH CENTER

Off-campus mental health center operated by the South Carolina Department of Mental Health. This clinic focused on serious mental illnesses and long-term counseling services.

Location: 2100 Charlie Hall Blvd

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: 843-852-4100

To visit the website, click [here](#).

COGNITIVE AND BEHAVIORAL HEALTH CENTER OF CHARLESTON

Off-campus mental health center with therapists that assist those with emotional and behavior problems, including anxiety, depression, grief, trauma exposure, substance use disorders and more. Accepts a majority of insurance plans.

Location: 29 Leinbach Drive, Suite D-2

Phone: 843-501-7001

Website: Click [here](#) to visit the website.

ALPHA OMEGA - EMORY UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES

The Counseling and Psychological Services (CAPS) can provide student survivors of sexual assault or harassment with confidential, long-term or short-term counseling. Therapists are available to assist survivors in forming a safety plan. The counseling center can also be used for students struggling with mental health concerns, including school problems, anxiety, depression and other mental health illnesses.

Location: 1462 Clifton Rd., Suite 235

Hours: Monday-Friday 8:30 a.m.-3:30 p.m.

Phone: (404) 727-7450 (Monday-Friday 8:30 a.m.-5 p.m.); after hours number: (404) 778-5000

Website: To visit the website, click [here](#).

STRESS AND EMOTIONAL HEALTH

The university has created a webpage with resources for stress and emotional/mental health.

To visit the website, click [here](#).

HILLSIDE ATLANTA MENTAL HEALTH

Off-campus mental health center dedicated to helping adolescence and young adults with mental health. They use both community-based services and individualized treatment plans. They accept most insurance plans and are a great resource if the counseling center at Emory University is not an option for you.

Location: 690 Courtenay Drive
Phone: (404) 846-5118 ext 1017
2nd Phone: (404) 875-4551
Website: To visit the website, click [here](#).

ALPHA OMICRON - DUKE UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS can provide student survivors or sexual assault or harassment with confidential long-term or short-term counseling. Therapists can assist survivors in forming a safety plan. The counseling center also provides services for students who are struggling with other mental health concerns.

Location: Duke Student Wellness Center, 3rd Floor, 305 Towerview Drive

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (919) 660-1000; after hours phone: (919) 970-4169

Website: To visit the website, click [here](#).

MENTAL HEALTH AND STRESS

The university has compiled a list of resources for students experiencing general stress from their lives. To visit the website, click [here](#).

DUKE PSYCHIATRY CLINIC

Off-campus mental health service for adults, including diagnostic assessments, psychiatric medication management and cognitive behavioral therapy. Accepts most insurance plans and is an option if CAPS is not.

Location: 40 Duke Medicine Circle, 4th and 5th Floors

Phone: 919-684-0100

To visit the website, click [here](#).

ALPHA PI - UNIVERSITY OF MARYLAND-COLLEGE PARK COUNSELING CENTER

On-campus counseling center for students who are suffering from mental health illnesses and issues. If you are interested in speaking individually with a counselor or arranging for a safe and supportive facilitated discussion for your group, please call the Counseling Center.

Location: 1101 Shoemaker Building, 4281 Chapel Lane

Hours: Monday-Thursday 8:30 a.m.-9 p.m.

Friday 8:30 a.m.-4:30 p.m.

Phone: (301) 314-7651 After Hours Crisis Support: (301) 314-7651.

Website: To visit the website, click [here](#).

TUTORING RESOURCES

The university has resources for students struggling with their academics.

To visit the website, click [here](#).

ALPHA PSI - UNIVERSITY OF FLORIDA COUNSELING & WELLNESS CENTER

The Counseling & Wellness Center provides confidential counseling and support to survivors of

sexual assault or domestic violence. Therapists can help with safety planning and connect the survivor to other resources. The counseling center also offers mental health services to students who are struggling with depression, anxiety and other mental health concerns.

Location: 3190 Radio Road

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (352) 392-1575

Website: To visit the website, click [here](#).

LCS COUNSELING SERVICES

Off-campus counseling center that offers different mental health services, including general counseling, Christian counseling and evaluation services. This is an option if the Counseling and Wellness Center is not.

Location: 4703 NW 53rd Ave. Ste. A-2

Phone: (352) 332-6131

Email: info@counselinggainesville.org

ALPHA RHO - UNIVERSITY OF GEORGIA

UGA COUNSELING AND PSYCHIATRIC SERVICES (CAPS)

CAPS is dedicated to providing students with counseling, whether it be for individuals or groups, over sexual assault, harassment or dating violence.

Location: Corner of College Station and E. Campus Rd.

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (706) 542-2273

After Hours Crisis: (706) 542-2200 (Ask to speak to the CAPS on-call clinician)

To visit the website, click [here](#).

UGA ASPIRE CLINIC

The ASPIRE Clinic provides holistic counseling and education services to the UGA and Athens community.

Location: 210 McPhaul

Hours: Monday-Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-4 p.m.

Phone: (706) 542-4486

Email: aspire@uga.edu

To visit the website, click [here](#).

ALPHA SIGMA - UNIVERSITY OF NORTH CAROLINA - CHAPEL HILL

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

CAPS offers confidential, free individual and group counseling for UNC students, as well as offers a support group for sexual assault survivors.

Location: James A. Taylor Building

Hours: Monday-Friday 9 a.m.-12 p.m., 1 p.m.-4 p.m.

Phone: For the office, call (919) 966-3658; For the crisis line, call (919) 966-2281

Website: To visit the website, click [here](#).

HOPELINE NC

HopeLine is a family of confidential services offering caring, non-judgmental listening and resource

information in an effort to improve the overall well-being of people in the community. It offers a free 24-hour crisis line for Triangle residents. Callers will speak with a trained crisis counselor
Phone: (919) 231-4525

ALPHA TAU - CARNEGIE MELLON UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

Offers confidential counseling and a safe space free of charge to all students.

Location: Morewood Gardens E-Tower, 2nd floor

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (412) 268-2922

Website: To visit the website, click [here](#).

PITTSBURGH MERCY MENTAL HEALTH SERVICES

Off-campus mental health clinic that offers mental health services if the CAPS center is not an option. CAPS partners with many other resources on-campus to offer outreach presentations, seminars, or discussion groups on a variety of topics to the CMU community. For more information, or to request an outreach presentation or tabling event, contact 412-268-2922.

Location: 330 South 9th Street

Hours: Monday-Thursday 9 a.m.-5 p.m.

Phone: 1-877-637-2924

Email: info@pittsburghmercy.org

ALPHA THETA - UNIVERSITY OF PITTSBURGH UNIVERSITY COUNSELING CENTER

The Counseling Center offers specialized counseling services designed to assist students who have experienced sexual assault, dating violence, domestic violence, harassment and stalking.

Location: Nordenberg Hall, 2nd floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (412) 648-7930

Website: To visit the website, click [here](#).

MENTAL HEALTH AND WELLNESS

The university has compiled a list of resources for students struggling with their mental health. To visit the website, click [here](#).

ALLEGHENY COUNTY MENTAL HEALTH SERVICES

A collection of off-campus services that connects you with mental health clinics in your area. A great option if the University Counseling Center is not an option. To visit the website, click [here](#).

BETA - ST. LAWRENCE UNIVERSITY THE TORREY HEALTH AND COUNSELING SERVICES

Counseling Services is dedicated to providing a healthy lifestyle, support and empowerment to all students.

Location: 76 Park St

Hours: Monday-Friday 8:30 a.m.-4:30 p.m.
Phone: (315) 229-5392
Website: To visit the website, click [here](#).

REACHOUT

A free, confidential crisis and information hotline that focuses on crisis services and supportive listening for the St. Lawrence community.

Location: P.O. Box 5051
Potsdam, New York 13676-5051
Phone: (315) 265-2422
Website: To visit the website, click [here](#).

MENTAL HEALTH COUNSELING OF NY

Off-campus counseling services for mental health concerns. A great option if the University counseling services is not an option.

Location: 6956 State Hwy 56
Hours: Monday-Friday 9 a.m.-5 p.m.
Phone: 315-268-0264
Email: csnny@twcny.rr.com
Website: To visit the website, click [here](#).

BETA ALPHA - UNIVERSITY OF SOUTH FLORIDA USF COUNSELING CENTER

On-campus counseling center with resources for your well-being and mental health. You can schedule an appointment or request a workshop about mental health for your chapter.

Location: Student Services Building (SVC), Suite 2124
Hours: Monday 8 a.m.-6 p.m.; Tuesday-Thursday 8 a.m.-7p.m.; Friday 8 a.m.-5 p.m.
Crisis Phone: 813-974-2831
To make an appointment, click [here](#). To visit the website, click [here](#).

CRISIS CENTER OF TAMPA BAY

Off-campus resource that helps those facing serious life challenges or trauma resulting from sexual assault, suicidal thoughts, domestic violence, financial distress or emotional or situational problems.

Location: 1 Crisis Center Plaza Tampa, FL 33613-1238
Phone: 813-964-1964; free crisis counseling dial 2-1-1
Website: To visit the website, click [here](#).

BETA BETA - CALIFORNIA STATE UNIVERSITY - NORTHRIDGE UNIVERSITY COUNSELING SERVICES

The campus provides The Counseling Services, which offers individual and group counseling to those of the California State Northridge community.

Location: Bayramian Hall, Room 520
Hours: Monday-Friday 8 a.m.-5 p.m.
Phone: (818) 677-2366

Website: To visit the website, click [here](#).

CSUN HELPLINE

A public crisis intervention, support and referral service provided in conjunction with CSUN University Counseling Services and Associated Students, Inc.

Hours: Sunday-Thursdays 6:00 p.m.-midnight
Friday-Saturday 7:00 p.m. to 10:00 p.m.

Phone: (818) 349-HELP

BETA EPSILON - UNIVERSITY OF TEXAS – ARLINGTON UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS provides individual, couples and group counseling, workshops, referral services and consultation for the UTA community.

Location: Ransom Hall, Room 303

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (817) 272-3671

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of mental health resources for students. To visit the website, click [here](#).

BETA ETA - BOISE STATE UNIVERSITY HEALTH, WELLNESS & COUNSELING SERVICES

Student health and counseling services. Services included:

- Trained physicians, nurse practitioner, registered nurse
- **Crisis intervention** – Provides individual and group counseling for those in unexpected situations
- **Women's Center and Counseling Services** – Provides workshops and programs, facilitated by peer educators, either over bystander intervention or healthy relationships. To request a presentation, call (208) 426-4259.

Location: 1529 Belmont Street

Hours: Monday, Tuesday, Thursday, Friday 8 a.m.-5 p.m.; Wednesday 10 a.m.-5 p.m.

Phone: For Counseling Services, call (208) 426-1601; for Medical Services, call (208) 426-1459

Website: To visit the website, click [here](#).

BETA GAMMA - JACKSONVILLE UNIVERSITY STUDENT COUNSELING CENTER

The University's Student Counseling Center offers short-term counseling and referrals for those with either mental health concerns or victims of sexual assault. It is a valuable resource for persons who report or do not report sexual assaults to University or law enforcement authorities.

Location: 2800 University Blvd. North Jacksonville, FL 32211

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (904) 256-7000

Website: To visit the website, click [here](#).

ACADEMIC SUPPORT CENTER

Provides free academic support for students struggling with their schooling. To visit the website, click [here](#).

BETA LAMBDA - UNIVERSITY OF CENTRAL FLORIDA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

A free-of-charge campus agency dedicated to providing comprehensive psychological services to students. Services included:

- Crisis intervention
- Counseling
- Presentation services
- Professional consultation

Location: 4090 Libra Dr; Counseling Center 101

Hours: Monday-Thursday 8 a.m.-6 p.m.; Friday 8 a.m.-5 p.m.

Phone: (407) 823-2811, #5 to connect with a licensed therapist

Website: To visit CAPS website, click [here](#).

UCF CARES

UCF Cares offers programs and resources dedicated to fostering a caring community. Its goal is to build a culture of caring within the UCF community. Their focus areas include safety and wellbeing, respect, violence prevention, mental health and diversity/inclusion.

Location: Ferrell Commons 142

Phone: 407-823-5607

Email: ucfcares@ucf.edu

Website: To visit the UCF Cares website, click [here](#).

BETA MU - MISSISSIPPI STATE UNIVERSITY STUDENT COUNSELING CENTER

The Counseling Center provides confidential support for those who have or are experiencing sexual assault or domestic violence.

Location: 115C Hathorn Hall

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (662) 325-2091

Website: To visit the website, click [here](#).

MISSISSIPPI DEPARTMENT OF MENTAL HEALTH

This organization can help you find a mental health provider if the university counseling center is not an option. To visit the website, click [here](#).

BETA NU - VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY COOK COUNSELING CENTER

On-campus counseling center that helps provide students a safe, welcoming, and affirming environment. They offer mental health services and individual counseling.

Location: McComas Hall, Room 204
Hours: Monday-Thursday 8 a.m.-5 p.m.
Friday 9 a.m.-5 p.m.
Phone: 540-231-6557
Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university wrote an article discussing different options for students struggling with their mental health. To visit the article, click [here](#).

BETA OMICRON - ILLINOIS STATE UNIVERSITY STUDENT COUNSELING SERVICES

Confidential Advisors are NOT required to report sexual assault incidents to the university. Confidential advisors can:

- Provide information on reporting options and possible outcomes, resources and services, survivor rights and orders of protection, no contact orders, etc.
- Liaise with other resources and assist with contacting resources and filing a report
- Assist with accessing interim protective measures and accommodations

Location: 320 Student Services Building
Phone: 309-438-3655
Website: To visit the website, click [here](#).

ELLIOT COUNSELING SERVICES

Off-campus counseling center for those who do not see the university counseling services as an option.

Location: 706 Oglesby, Suite 300
Phone: 309-212-3606
Website: To visit the website, click [here](#).

BETA PI - UNIVERSITY OF CALIFORNIA - DAVIS STUDENT HEALTH AND COUNSELING SERVICES

On-campus counseling center focusing on the students' psychological well-being and academic success. Students are able to make an appointment.

Services included:

- Individual counseling
- Phoenix Rising – A Support Group for Survivors of Sexual Trauma. To learn more, click [here](#).

Location: 219 North Hall
Hours: Monday, Tuesday, Thursday, Friday 8 a.m.-4:45 p.m.
Wednesday 9 a.m.-4:45 p.m.
Phone: 530-752-2349
Website: To visit the website, click [here](#).

BETA SIGMA - UNIVERSITY OF VIRGINIA

STUDENT HEALTH: COUNSELING & PSYCHOLOGICAL SERVICES

The Counseling and Psychological Services provides confidential, counseling sessions for individuals or groups.

Location: Elson Student Health Center

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: For the office, call (434) 243-5150

For the 24-hour Hotline, call (434) 972-7004

Website: To visit the website, click [here](#).

THE WOMEN'S CENTER: COUNSELING STAFF

The Women's Center provides individual, couples and group counseling to better the wellbeing of students and community.

Location: 1400 University Ave.

Phone: (434) 982-2252

Website: To visit the website, click [here](#).

BETA TAU - BAYLOR UNIVERSITY

COUNSELING CENTER

Counselors are available to Baylor students 24/7. Appointments are kept confidential. They provide individual, couples and group counseling sessions, crisis intervention services, outreach and prevention programs and more.

Location: 2nd floor of the McLane Student Life Center (the SLC)

Hours: Fall/Spring: Monday, Wednesday, Thursday 9 a.m.-12 p.m., 1 p.m.-4 p.m.

Tuesday 10 a.m.-12 p.m., 1 p.m.-4 p.m.

Phone: (254) 710-2467

Website: To visit the Counseling Center website, click [here](#).

DePaul Center

The DePaul Center provides services for those experiencing a psychological crisis.

Location: 301 Londonderry Dr.

Waco, TX 76712

Phone: (254) 776-5970

Website: To learn more, click [here](#).

ADDITIONAL RESOURCES

The following resources can be used to educate your chapter on mental health:

- **Active Minds**
This organization seeks to reduce the stigma of getting help, increase awareness of mental health issues, and act as a liaison for outreach to the community. Speakers, fundraisers and outreach activities are offered throughout the year.
- **Outreach Program**
The Department of Counseling Services Outreach Program provides mental health related programming focused on the developmental and educational needs of students. It serves the

campus community by providing educational programming on mental health issues for the purpose of prevention and stigma reduction. To learn more, click [here](#).

- **Rave Guardian (BU Campus Guardian)**

A mobile safety app that allows students to get in touch with university police during an emergency via phone call or text. It can be downloaded on the mobile app store.

BETA THETA - CLEMSON UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES

The Counseling and Psychological Services provides student survivors of sexual assault or harassment with confidential long or short-term counseling. Therapists are available to assist survivors in forming a safety plan

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (864) 656-2451

HEALTHY CAMPUS

A service with resources including mental health, bystander intervention, interpersonal violence prevention and holistic wellness. A great resource for individuals and chapters to learn more about these subjects. To visit the website, click [here](#).

BETA UPSILON - UNIVERSITY OF CALIFORNIA - IRVINE UC IRVINE COUNSELING CENTER

On-campus counseling center to help students with mental health concerns along with victim advocacy.

Location: 203 Student Services 1

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: 949-824-6457

Website: To visit the website, click [here](#).

UCI HEALTH-PSYCHIATRIC SERVICES

An off-campus resources for psychiatric concerns if the campus counseling center is not an option.

Location: 101 The City Drive. South Building 3

Phone: 714-456-5902

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The following resources can be used to educate your chapter on mental health:

- Campus Assault Resources and Education (CARE)
- **UCI Counseling Center** - Provides Relationships Outreach programming presentations. To learn more, click [here](#).

BETA XI - STEPHEN F. AUSTIN STATE UNIVERSITY COUNSELING SERVICES

The Counseling Services provides confidential counseling to individuals and groups. It also provides outreach efforts, presentations, trainings, and consultations.

Location: Rusk Building, 3rd floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (936) 468-2401

Email: counseling@sfasu.edu

Website: To visit the website, click [here](#).

COUNSELING SERVICES PRESENTATIONS

Provided to present to classes, student organizations and resident halls on a variety of topics regarding mental health. To learn more, click [here](#).

BETA ZETA – TRANSYLVANIA

COUNSELING SERVICES

Transylvania provides on-campus counseling for those who need someone to talk to, especially regarding sexual assault or domestic violence.

Location: Rear of the W.T. Young Campus Center

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (859) 281-3682

Email: counseling@transy.edu

Website: To visit the website, click [here](#).

CENTER FOR ACADEMIC AND PROFESSIONAL ENRICHMENT

On-campus resource that provides college and career counseling during times of uncertainty. Students are paired with a successful mentor that navigates them through their stressful college experience. To visit the website, click [here](#).

CANADA ALPHA - UNIVERSITY OF TORONTO

UOFT CAPS COUNSELING CENTER

Professional assault counseling, in association with University of Toronto Counseling and Psychological Services, along with regular mental health counseling for students.

Location: 214 College St, Room 111

Toronto, Ontario, M5T 2Z9

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (416) 978-0174

Website: To visit the website, click [here](#).

CANADA DELTA - UNIVERSITY OF OTTAWA

COUNSELING & COACHING SERVICE

The Counseling and Coaching Service (C&CS) is a unit of the Student Academic Success Service (SASS) which provides counseling, coaching, peer counselling, workshops and pet therapy to University of Ottawa students.

Location: 100 Marie-Curie, 4th floor

Phone: (613) 562-5200

Email: couns@uOttawa.ca

Website: To visit the website, click [here](#).

MENTAL HEALTH AND WELLNESS

Resource for students who are concerned about themselves, someone else or want to learn more **about mental health and the events on campus.**

Website: To visit the website, click [here](#).

CHI - UNIVERSITY OF MISSISSIPPI UNIVERSITY COUNSELING SERVICES

The University Counseling Services offers personal counseling and therapy, as well as crisis intervention.

Location: 554 Fraternity Row

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (662) 915-3784

Website: To visit the website, click [here](#).

MENTAL HEALTH RESOURCES

The university has compiled both on- and off-campus resources for students struggling with their mental health. To visit the website, click [here](#).

DELTA - SIMPSON COLLEGE STUDENT COUNSELING SERVICES

On campus counseling and support center that provides individual and group counseling.

Location: 701 North C Street

Hours: Monday-Friday 8 a.m.-4:30 p.m.

Phone: (515) 961-1332

Email: counseling.services@simpson.edu

Website: To visit the website, click [here](#).

STATEWIDE CRISIS LINE

Phone: (800) 332-4224

CENTRAL IOWA CRISIS LINE

(800) 258-8858

DELTA BETA - MIAMI UNIVERSITY, OHIO STUDENT COUNSELING SERVICES

An on-campus counseling and support service that offers short-term, confidential individual or group counseling.

Location: Health Services Building

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (513) 529-4634

Email: studentcounseling@MiamiOH.edu

Website: To visit the website, click [here](#).

WOMEN'S CENTER

An on-campus advocacy group for the advancement and empowerment of women. It offers a

supportive, safe space for women, as well as offer referrals to resources that fits the needs of each student.

Location: 127 McGuffey Hall

Phone: (513) 529-1510

Email: womenscenter@MiamiOH.edu

Website: To visit the website, click [here](#).

DELTA CHI - DENISON UNIVERSITY DENISON COUNSELING SERVICES

On-campus counseling center that offer mental health resources for students.

Location: Whisler Hall

Phone: 740-587-6200

Website: To visit the website, click [here](#).

STUDENT RESOURCES FOR MENTAL HEALTH

The university has compiled a list of resources, such as groups and workshops, to help students who are struggling with their mental health. To visit the website, click [here](#).

DELTA EPSILON - MILLIKIN UNIVERSITY CAMPUS HEALTH AND COUNSELING SERVICES

An on-campus health and wellness clinic for students.

Location: 150 South Fairview Avenue

Hours: Monday-Friday 9 a.m.-4 p.m.

Phone: (217) 424-6360

Website: To visit the website, click [here](#).

DELTA ETA - COE COLLEGE COE COLLEGE COUNSELING

On-campus counseling center for student who are experience mental health concerns.

Phone: 319-399-8843

Website: To visit the website, click [here](#).

COE COLLEGE WELLNESS CENTER

The Wellness Center focused on the seven dimensions of Wellness: social, emotional, spiritual, environmental occupational, intellectual and physical. Has different wellness resources and opportunities for students. To visit the website, click [here](#).

DELTA GAMMA - VANDERBILT UNIVERSITY PSYCHOLOGICAL AND COUNSELING CENTER

Confidential services provided to students include individual or group psychotherapy, psychiatric services, alcohol and drug counseling, and community outreach.

Location: 2015 Terrace Place

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (615) 322-2571

Website: To visit the website, click [here](#).

RECREATION AND WELLNESS CENTER

On-campus wellness center with opportunities for fitness or wellness improvement. Includes services like massage therapy, nutrition advice and intramural sports. To visit the website, click [here](#).

DELTA IOTA - UNIVERSITY OF ARKANSAS COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

The Counseling and Psychological Services (CAPS) is made up of licensed psychologists, counselors and social workers dedicated to helping members of the University solve problems, deal with mental issues, and develop relationships with family and friends. CAPS is accredited by the International Association of Counseling Services. Services include:

- **Counselor-in-Residence program-** a collaborative counseling service between University Housing and CAPS for students living in residence halls and university apartments. The program takes a proactive approach to helping students with reducing various stressors that can occur in the college environment.

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (479) 575-4451

For the 24-hour emergency line, call (479) 575-5276

Website: To visit the website, click [here](#).

DELTA KAPPA – DRURY UNIVERSITY COUNSELING SERVICES

On campus counseling office that offers one-on-one counseling following a traumatic event.

Location: Findlay Student Center, Suite 114

Phone: (417) 873-7457

Website: To visit the website, click [here](#).

CAMPUS WELLNESS AND FITNESS

The wellness mission is to provide a culture that promotes the community to engage in active, healthy lifestyles and to give students the tools, resources, education and opportunities necessary. To visit the website, click [here](#).

DELTA LAMBDA - BUTLER UNIVERSITY HEALTH SERVICES AND COUNSELING AND CONSULTATION SERVICES (CCS)

On-campus health and wellness center for both physical and mental health that offers individual and group therapy.

Location: 600 Sunset Ave.

Indianapolis, IN 46208

Phone: (317) 940-9385

Website: To visit the website, click [here](#).

BU BE WELL

On-campus wellness center that focused on mind and body. They focus on physical and emotional needs and give students resources to increase overall awareness of health. To visit the website, click [here](#).

DELTA MU - UNIVERSITY OF ALABAMA COUNSELING CENTER

On-campus resources to help students achieve both academic success and personal growth through counseling and psychological services by mental health professionals. To visit the website, click [here](#).

WELLNESS CENTER

On-campus wellness center that offers programs to enhance student well-being. To visit the website, click [here](#).

DELTA OMEGA - LOUISIANA STATE UNIVERSITY MENTAL HEALTH SERVICE (MHS)

Free and confidential counseling services for both individuals and groups.

Location: Student Health Center, 2nd floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (225) 578-8663

Website: To visit the website, click [here](#).

CENTER FOR ADVISING AND COUNSELING

Offers advising assistance for students who are unsure of a career path or are stressed about meeting academic goals.

Location: 150 Himes Hall

Hours: Monday-Friday 8 a.m.-4:30 p.m.

Phone: 225-578-8281

Website: To visit the website, click [here](#).

DELTA PI - UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN COUNSELING CENTER

An on-campus counseling and therapy center that offers short-term counseling, group therapy or referrals for private therapy.

Location: Student Services Building, room 206

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (217) 333-3704

Website: To visit the website, click [here](#).

STUDENT WELLNESS AND CAMPUS RECREATION

On-campus resource that offers innovative wellness programs for the campus community. To visit the website, click [here](#).

DELTA PSI - RHODES COLLEGE RHODES COUNSELING CENTER

Professional staff members provide free and confidential short-term counseling services to all Rhodes students.

Location: Moore Building, ext. 3128

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (901) 843-3128

Email: counseling@rhodes.edu

Website: To visit the website, click [here](#).

RHODES COLLEGE SAS RESOURCES

Has many resources for students for mental health and academic success. To visit the website, click [here](#).

DELTA RHO - UNIVERSITY OF KENTUCKY UNIVERSITY OF KENTUCKY COUNSELING CENTER

The Counseling Center provides student survivors of sexual assault or harassment with confidential long-term or short-term counseling. Therapists are available to assist survivors in forming a safety plan.

Location: 106 Frazee Hall

Hours: Monday-Friday 8 a.m.-4 p.m.

Phone: (859) 257-8701

Website: To visit the website, click [here](#).

UNIVERSITY OF KENTUCKY STUDENT WELLNESS CENTER

Educates, empowers, and coaches students to make healthy decisions. Provides resources and information to improve personal well-being and achieve academic goals. To visit the website, click [here](#).

DELTA SIGMA - UNIVERSITY OF TENNESSEE STUDENT COUNSELING CENTER

The Counseling Center has many resources for students and the community. Some resources include presentations that cover a myriad of different topics related to health. Students can also access resources for self-help regarding sexual assault or stalking.

Location: 1800 Volunteer Blvd. Knoxville, TN 37996-4250

Hours: Monday, Tuesday, Thursday, Friday 8 a.m.-5 p.m.; Wednesday 9 a.m.-5 p.m.

Phone: 865-974-2196

Website: To visit the website, click [here](#).

CENTER FOR HEALTH EDUCATION & WELLNESS

Location: Student Health Building

Phone: (865) 974-5725

Email: wellness@utk.edu

Website: To visit the website, click [here](#).

DELTA UPSILON - OHIO WESLEYAN UNIVERSITY STUDENT COUNSELING SERVICES

An on-campus counseling and support center that offers individual, couples and group counseling.

Location: Hamilton Williams Campus Center, room 324

Hours: Monday-Friday 8:30 a.m.-noon, 1-5 p.m.

Phone: (740) 368-3145

Website: To visit the website, click [here](#).

PEER-TO-PEER SUPPORT GROUP

On-campus peer-led support group for students who are struggling with their mental health.

To visit the website, click [here](#). Email: activeminds@owu.edu

DELTA XI - UNIVERSITY OF MISSOURI-COLUMBIA UNIVERSITY COUNSELING CENTER

On campus counseling and support center that provides confidential, individual and group counseling.

Location: 119 Parker Hall

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (573) 882-6601

Website: To visit the website, click [here](#).

WELLNESS RESOURCE CENTER

On-Campus program that focuses on stress-reduction, alcohol and drug abuse, suicide prevention and fitness/nutrition.

Website: To visit the website, click [here](#).

DELTA ZETA – FRANKLIN COLLEGE HEALTH SERVICES AND COUNSELING CENTER

A free on-campus wellness center that provides confidential health and counseling services.

Location: Napolitan Student Center, 2nd floor

Hours: Monday-Thursday 8 a.m.-5 p.m.; Friday 8 a.m.-4 p.m.

Phone: For Counseling call (317) 738-8080; For Health call (317) 738-8090

WELLNESS CENTER

Committed to a safe and stable living and learning environment. Offers resources surrounding mental health and violence. To visit the website, click [here](#).

EPSILON - KNOX COLLEGE HEALTH AND COUNSELING SERVICES

On campus health and wellness clinic provided for students.

Location: Furrow Hall

Hours: Monday 9 a.m.-4:30 p.m.; Tuesday-Friday 9:30 a.m.-4:30 a.m.

Phone: For the office, call (309) 341-7559; For counseling, call (309) 341-7492

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

Knox College has compiled an additional list of resources for students. To visit the website, click [here](#).

EPSILON ALPHA - FLORIDA GULF COAST UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES

The Counseling and Psychological Services provides student survivors of sexual assault or harassment with confidential long-term or short-term counseling. Therapists will assist in forming a safety plan.

Location: 228 Howard Hall

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: For the office, call (239) 590-7950

Website: To visit the website, click [here](#).

EPSILON BETA – LAKE FOREST COLLEGE STUDENT COUNSELING SERVICES

An on-campus counseling and mental health service provided for students and faculty. It offers confidential counseling and support for either individuals or groups.

Location: Health and Wellness Center

Hours: Monday-Friday 8:30 a.m.-noon, 1-5 p.m.

Phone: (847) 735-5240

Website: To visit the website, click [here](#).

HEALTH AND WELLNESS CENTER

To visit the website, click [here](#).

EPSILON CHI – TULANE UNIVERSITY CAPS UPTOWN

Confidential, on-campus service for students struggling with their mental health. Includes individual therapy, workshops, or group therapy, along with crisis support.

Location: Uptown (main) Building 14, Science & Engineering Lab, First Floor; Downtown: 127 Elk Place, Room 261

Hours: Monday- Friday 8:30 a.m.-5 p.m.; Wednesday 9:30 a.m.-5:00 p.m., Saturday 9:00 a.m.-1 p.m.

Phone: 504-314-2277

Email: Carecoordinator@tulane.edu

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of resources for students either struggling with their mental health or experiencing sexual assault. To visit the website, click [here](#).

EPSILON DELTA – ELON UNIVERSITY COUNSELING SERVICES

The Counseling Services provide student survivors of sexual assault or harassment with confidential

long-term or short-term counseling. Therapists can assist survivors in forming a safety plan.

Location: R.N. Ellington Center

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: 336-278-7280

KOENIGSBERGER LEARNING CENTER

On-campus academic support center for those struggling academically. Can help students through their required classes and give academic planning resources. To visit the website, click [here](#).

EPSILON GAMMA - EASTERN ILLINOIS UNIVERSITY EIU COUNSELING CLINIC

On-Campus counseling center for students struggling with mental health concerns.

To schedule an appointment: 217-581-3413. To visit the website, click [here](#).

EIU ACADEMIC SUCCESS CENTER

Committed to providing services to students in helping with academic success. They offer academic support services, assess student learning, guides students through college transitions and gives different resources for students. To visit the website, click [here](#).

EPSILON IOTA - ALLEGHENY COLLEGE COLLEGE COUNSELING CENTER

The Counseling Center provides confidential, individual or group counseling for students.

Location: 304 Reis Hall

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: For the office, call (814) 332-4368; For the Mental Health Crisis Line, call (814) 332-3357

Website: To visit the website, click [here](#).

ALLEGHENY COLLEGE RESOURCES

A list of resources for academics, campus life, learning services, financial services, disability services and more. To visit the website, click [here](#).

EPSILON KAPPA - UNIVERSITY OF CALIFORNIA, MERCED UC MERCED COUNSELING AND PSYCHOLOGICAL SERVICES

Provides free and confidential counseling services through individual, couple and group formats, as well as crisis intervention for all registered UC Merced students.

Hours: Monday-Friday 8 a.m.-5 p.m.

Location: H. Rajender Reddy Health Center, 1st floor

Phone: For the 24-hour hotline, call (209) 228-4266

Email: counseling@ucmerced.edu

VALLEY CRISIS CENTER PREVENTION PROGRAMS

Provides topics such as bystander intervention and the culture around sexual violence. To learn more, click [here](#).

ADDITIONAL RESOURCES

A list of resources regarding academics, career development, counseling and health services, disability and veteran services, and sexual violence/assault resources. To visit the website, click [here](#).

EPSILON LAMBDA – TOWSON UNIVERSITY COUNSELING CENTER

Towson University's Counseling Center is the source of personal counseling and psychological help on campus for students, faculty and staff. Services included:

- Individual Counseling
- Group Counseling
- Referrals
- **Sexual Assault Support Group** – Allows female survivors of sexual assault (experienced recently or in the past) to join together to gain support from one another and to learn ways to cope with the aftermath of the assault. Group members are not asked to share details of their assault but, rather, have the opportunity to explore the impact it has had on their lives. For more information, call the Counseling Center.

Location: Health and Counseling Centers at Ward and West

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (410) 704-2512

Email: counseling@towson.edu

Website: To visit the website, click [here](#).

TOWSON UNIVERSITY HEALTH AND WELLNESS CENTER

Committed to maintaining a healthy campus community and promotes academic success and living a successful life. Has a list of campus resources for academics, mental health, physical health and recreational activities. To visit the website, click [here](#).

EPSILON MU - CREIGHTON UNIVERSITY CENTER FOR HEALTH AND COUNSELING

On campus health and wellness center. Services include:

- **Health Care Services** – Provides treatment of minor injuries and testing and treatment for STI.
- **Counseling Services** – Provides individual counseling, group counseling and couples counseling.

Location: Harper Center, Room 1034

Hours: Monday, Thursday, Friday 8 a.m.-4:30 p.m.; Tuesday 10 a.m.-6:30 p.m.; Wednesday 8 a.m.-6:30 p.m.

Phone: (402) 280-2735; For after hours, call the Public Safety Office at (402) 280-2911

Website: To visit the website, click [here](#).

SSS ACADEMIC SUPPORT SERVICES

On-campus resources for those struggling with academic life. Provides resources such as tutoring, study groups and academic success workshops. To visit the website, click [here](#).

EPSILON NU - CHAPMAN UNIVERSITY

STUDENT PSYCHOLOGICAL COUNSELING SERVICES (SPCS)

SPCS focuses on psychological wellbeing, which includes Psychiatric Resources, Eating Disorder Awareness, Crisis Intervention and workshops. It also provides resources and information for depression, anxiety, substance abuse and suicide which could develop from a sexual assault.

Location: 410 N. Glassell St. Orange, CA 92866

Phone: (714) 997-6778

Email: spcs@chapman.edu

Website: To visit the website, click [here](#).

STUDENT ACADEMIC RESOURCES

Academic resources for students including academic advising, information for the tutoring center and help for first generation students. To visit the website, click [here](#).

ADDITIONAL RESOURCES

Chapman University has compiled a list of other mental health resources for students. To visit the website, click [here](#).

EPSILON OMICRON - NORTH DAKOTA STATE UNIVERSITY

STUDENT COUNSELING CENTER

Counselors are available to all NDSU students free of cost. Individual or group appointments can be made during business hours. The center provides students with a confidential setting to discuss personal, academic or career related concerns. Services include:

- **Meditation For Stress Management And Focus Group** – A group that offers students, faculty and staff the opportunity to learn and practice mindfulness meditation for increased awareness, presence and well-being.
- **BASICS (Brief Alcohol and Screening and Intervention for College Students)** – A service available for students to examine their alcohol and/or drug use. Program designed to help students judge their personal behaviors in a judgment-free environment.

Location: 212 Ceres Hall

Phone Number: 701-231-7671

Hours During School Year: M/W/F 8:00 a.m.-5:00 p.m. and T/Th 8:00 a.m.-7:00 p.m.

Hours During Summer/School Breaks: M-F 7:30 a.m.-4:00 p.m.

Website: To visit the Counseling Center website, click [here](#).

WALLMAN WELLNESS CENTER:

Location: 18th St. and Centennial Boulevard, Fargo, ND 58105

Phone: 701-231-7331

Hours: Clinic: Monday, Wednesday, Thursday, Friday: 8:00 a.m. - 5:00 p.m.; Tuesday: 8:00 a.m. - 7:00 p.m.

ADDITIONAL RESOURCES

The following are sites that offers additional information on mental health:

- **APA Help Center:** American Psychological Association's Public Information help center. Click [here](#).

- **North Dakota Department of Health Suicide Prevention Website:** Designed specifically for information about suicide prevention and other issues associated with suicide. Click [here](#).
- **Virtual Pamphlet Collection:** Student Counseling Virtual Pamphlet Collection. Click [here](#).

EPSILON PI - LOUISIANA TECH UNIVERSITY

LOUISIANA TECH COUNSELING SERVICES

The LA Tech Counseling Services provides students, student organizations, and faculty with free counseling, education and learning materials for domestic and sexual violence situations. The center is affiliated with LA Tech University. Services include:

- Providing education for incoming freshman regarding domestic and sexual violence
- Assisting victims in utilizing school and community resources
- Brochures, pamphlets and other educational materials
- Licensed counselors and trained students from the Peer Leadership Council for counseling

Location: 310 Keeny Hall

Hours: Mon-Fri: 8:00 a.m.-12:00 p.m.; 1:00 p.m.-5:00 p.m.

Phone: (318) 257-2488; after hours call Campus Police at (318) 257-4018, who will notify a counselor on your behalf.

BEHAVIORAL HEALTH AND WELLNESS

List of resources involving on-campus mental and physical health offered to students. To visit the website, click [here](#).

EPSILON PHI - TEMPLE UNIVERSITY

TUTTLEMAN COUNSELING SERVICES

Provides confidential counseling services to students who have experiences sexual assault or other mental health concerns.

Location: 1700 N. Broad St (2nd Floor)

Hours: Monday, Tuesday, Thursday, Friday 10 a.m.-1:30 p.m.; Wednesday and Saturday 9 a.m.-noon

Phone: 215-204-7276

Website: To visit the website, click [here](#).

WELLNESS RESOURCE CENTER

The Wellness Resource Center provides educational services to students, including topics such as mental health and sexual assault. To visit the website, click [here](#).

EPSILON RHO - UNIVERSITY OF SAN FRANCISCO

USF COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

(CAPS) is available to students to discuss personal, academic or career related issue. It is normal to experience adjustment problems, especially during periods of transition. CAPS provides individual, couple and group counseling for students as well consultation and outreach services to support students' wellness and success.

Location: Gilson Hall, Lower Level

Hours: Monday-Friday, 8:30 a.m.-5:00 p.m.

Phone: (415) 422-6352

Website: To visit the Counseling and Psychological Services website, click [here](#).

GENDER & SEXUALITY CENTER

A welcoming space on campus for students to explore their gender identity, sexual orientation and address gender-based violence. The center provides current and historical perspectives through workshops, presentations and dialogue.

Location: University Center 413

Hours: Monday-Thursday 10 a.m.-6 p.m., Friday 10 a.m.-5 p.m.

Phone: (415)-422-4431

Website: To visit the Counseling and Psychological Services website, click [here](#)

SUICIDE PREVENTION HOTLINE

Phone: (415) 781-0500

EPSILON SIGMA - FLORIDA SOUTHERN COLLEGE

CAMPUS COUNSELING CENTER

Offers free counseling to full time students including individual, couples and group sessions. Qualified counselors conduct a variety of personal screenings including alcohol, eating disorders, and depression. The Center is also a location for daily meditation and weekly support groups.

Hours: Monday – Friday 8:00 a.m. – 5:00 p.m.

Phone: 863.680.6236

Location: The Counseling Center is located in the Thrift Building, 1st floor.

To visit the website, click [here](#).

Student Development

Resources for students regarding student support in academics, mental health, and physical health.

Website: To visit the website, click [here](#).

EPSILON TAU - QUINNIPIAC UNIVERSITY

COUNSELING SERVICES

The Counseling staff is committed to fostering the development of the members of our student body by offering individual personal counseling as well as programming designed to enhance their personal and educational growth. To visit the website, click [here](#).

ACADEMIC SUPPORT

On-campus resources to help students struggling with their academics, including tutors, disability services, and career development within academics. To visit the website, click [here](#).

EPSILON THETA - UNIVERSITY OF TEXAS - DALLAS

STUDENT COUNSELING CENTER

The Counseling Center provides individual, group and couples counseling, as well as outreach and educational programming. The Counseling Center Provides programs over a variety of topics, such

as conflict resolution, healthy relationships and how to help students in distress. To learn more, click [here](#).

Location: Student Services Building 4.600

Hours: Monday 8:30 a.m.-6 p.m.; Tuesday, Wednesday, Thursday 8:30 a.m.-7:30 p.m.; Friday 8:30 a.m.-5 p.m.

Phone: (972) 883-2575

Website: To visit the website, click [here](#).

UT DALLAS MENTAL HEALTH RESOURCES

List of on-campus resources along with self-help resources for students struggling with mental health issues. To visit the website, click [here](#).

EPSILON UPSILON - UNIVERSITY OF DELAWARE CENTER FOR COUNSELING AND STUDENT DEVELOPMENT

CCSD provides a number of confidential services for victims of gender-based violence including: initial assessment, short-term counseling, group therapy, off-campus referrals and crisis services through after-hours and day-time coverage.

Location: 261 Perkins Student Center

Phone: (302) 831-2141

Website: To visit the website, click [here](#).

STUDENT WELLNESS AND HEALTH PROMOTION

On-campus resource for students to improve mental and physical health through various programs that are offered. To visit the website, click [here](#).

EPSILON XI - SAMFORD UNIVERSITY COUNSELING CENTER

Counselors are available to students free of cost. Appointments can be made within business hours to speak to a counselor about personal concerns. All appointments are conducted in a confidential setting. Services Include:

- **Individual Counseling:** Available to students to discuss personal, academic or career related concerns. All appointments are confidential. Appointments can be set up by emailing: counseling@samford.edu or by stopping in Beeson Hall, Rom 203.
- **Discussion, Support, Psychotherapy Groups:** These groups are developed as needed. If you have an interest in a group on a particular topic, please contact Counseling Services. If no group is available on campus at the time of a request, Counseling Services will assist in trying to locate one in the community.
- **Workshops and Seminars:** These are usually done in conjunction with other campus classes or groups. These are open to all students, faculty and staff wanting to attend. Please direct requests and questions to Counseling Services.
- **Psychiatric and Psychological Assessment:** Referrals are available for off-campus assessment at the student's expense.

Location: Dwight Beeson Hall, Room 203

Hours: Monday through Friday 8 a.m. to 4:30 p.m., with some flexibility.

Phone: 205-726-2065

Website: To visit the Counseling Services website, click [here](#).

EPSILON ZETA - LOYOLA MARYMOUNT UNIVERSITY STUDENT PSYCHOLOGICAL SERVICES

Student Psychological Services (SPS) provides confidential individual and group therapy; walk-in consultations, emergency psychological services and psycho-educational outreach programming. SPS also offers psychological consultation to students, faculty, staff or parents who are concerned about a student. There is no charge.

Location: Fritz Burns Recreation Center, 2nd floor

Hours: Monday, Tuesday, Thursday, Friday, 8 a.m.-5 p.m.; Wednesday 8 a.m.-7 p.m.

Phone: (310) 338-2868

Website: To visit the website, click [here](#).

LMU WELLNESS EDUCATOR PROGRAM

Sponsored by SPS, the Wellness Educator Program (WE) arose from a perceived need by students to raise awareness of mental health issues among the LMU community. To learn more, click [here](#).

ETA - UNIVERSITY OF VERMONT UVM COUNSELING & PSYCHIATRY SERVICES

CAPS promotes the psychological wellbeing of the University of Vermont community with a primary emphasis on serving students. CAPS strives to provide competent, easily accessible services for all members and groups that comprise our diverse UVM community.

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (802) 656-3340

Website: To visit the website, click [here](#).

LIVING WELL

On-campus center that provides a variety of wellness programs such as Therapy Dogs, mindfulness meditation, yoga and free massages. To visit the website, click [here](#).

GAMMA ALPHA - TEXAS A & M UNIVERSITY-COLLEGE STATION STUDENT COUNSELING SERVICE (SCS)

SCS provides individual, couples and group counseling, outreach programming and crisis intervention.

Location: Cain Hall, Suite B103

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (979) 845-4427

Email: scs@tamu.edu

Website: To visit the website, click [here](#).

STUDENT ASSISTANCE SERVICES

Provides support and resources for personal, academic, and community problems. To visit the website, click [here](#).

GAMMA BETA - VILLANOVA UNIVERSITY UNIVERSITY COUNSELING CENTER

The Counseling Center provides confidential, individual and group counseling sessions for students who have or are experiencing crisis or mental health issues.

Location: Health Services Building, 2nd floor

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (610) 519-4050

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

Villanova University provides a list of online resources regarding topics about mental health. To visit the website, click [here](#).

GAMMA CHI - UNIVERSITY OF DENVER HEALTH AND COUNSELING CENTER

Location: Ritchie Center, 3rd Floor

Hours: Monday, Wednesday, Thursday, Friday 8 a.m.-5 p.m.; Tuesday 9 a.m.-5 p.m.

Phone: (303) 871-2205

Email: info@hcc.du.edu

ACADEMIC SUPPORT

This department helps students when they are struggling with academics. Provides career support, academic advising and other services to help students succeed.

Website: To visit the website, click [here](#).

GAMMA DELTA - SPRING HILL COLLEGE THE SPRING HILL COLLEGE WELLNESS/COUNSELING CENTER

Counselors can provide confidential support for you during this difficult period. They can inform you of common emotional reactions to a crisis and discuss coping methods along with general counseling for mental health concerns.

Location: Toolen Hall, first floor

Phone: (251) 380-2270

Website: To visit the website, click [here](#).

STUDENT SUCCESS

Provides students with academic resources and advising services for those who are struggling with school. To visit the website, click [here](#).

GAMMA ETA - UNIVERSITY OF RICHMOND COUNSELING AND PSYCHOLOGICAL CENTER (CAPS)

A confidential service center in which students can have individual or group counseling sessions.

Location: Richmond Hall

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (804) 289-8119

To visit the website, click [here](#).

UR WELL SERVICES

Takes a holistic approach to the health and wellness of students. Provides services and programming regarding wellness. To visit the website, click [here](#).

GAMMA IOTA - PURDUE UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

On campus counseling and support center for students that provides confidential, crisis counseling for individuals or groups.

Location: Purdue University Student Health (PUSH) Building, 1st floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (765) 494-6995

Website: To visit the website, click [here](#).

PURDUE STUDENT HELP AND CRISIS LINE

Phone: 765-495-HELP (765-495-4357)

GAMMA KAPPA - WAKE FOREST UNIVERSITY UNIVERSITY COUNSELING CENTER

Licensed mental health providers, administrative support and graduate trainees that can give nonjudgmental and confidential counseling to students.

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Location: 117 Reynolda Hall

Phone: 336-758-5273

OFFICE OF WELLBEING

Provides programming for students such as de-stressors and other well-being programming. To visit the website, click [here](#).

GAMMA LAMBDA - UNIVERSITY OF CALIFORNIA, SAN DIEGO COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS provides free, confidential, psychological counseling and crisis services for registered UCSD students.

Location: Galbraith Hall 190

Hours: Monday-Friday 8 a.m.-4:30 p.m.

Phone: (858) 534-3755

CENTER FOR HEALTH AND WELLNESS PROMOTION

Department that provides students with health and wellness promotions and other programming and services. To visit the website, click [here](#).

GAMMA MU - LAFAYETTE COLLEGE COUNSELING CENTER

The Counseling Center staff strives to treat each student with respect and dignity, and we recognize that your personal characteristics, such as race, culture, gender, sexual orientation, socioeconomic status, and religious beliefs, are important to consider in the counseling process.

Location: Lafayette Counseling Center, 2nd Floor, Bailey Health Center

Hours: Monday-Friday: 8:45 a.m.-5 p.m.

Phone: (610) 330-5005

Website: To visit the website, click [here](#).

LAFAYETTE ACADEMIC SUPPORT

On-Campus academic resources for mentors, tutors and supplemental instruction to help student succeed academically. To visit the website, click [here](#).

COUNSELING Center Educational Programming

The Counseling Center staff is happy to assist students, faculty, and staff in creating a positive and inclusive campus community. Relationship topics include “love respect” and “the good and bads of love”. To request a program, click [here](#).

GAMMA OMEGA - STOCKTON UNIVERSITY COUNSELING CENTER

The Counseling Center is dedicated to strengthening student learning by my minimizing mental health concerns. Services included:

- Individual counseling
- Group counseling
- Crisis intervention
- Grief counseling
- Stress management

Location: J-204

Hours: Monday, Thursday, Friday 9 a.m.-5 p.m.; Tuesday, Wednesday 9 a.m.-7 p.m.

Phone: (609) 652- 4722

Email: wellct@stockton.edu

Website: To visit the website, click [here](#).

WELLNESS CENTER

The Wellness Center consists of four departments: Counseling Services & Alcohol and Drug Education, Disability Services and Health Services. Its mission is to encourage a healthier lifestyle while balancing different parts of college life. To learn more, click [here](#).

GAMMA PHI - TEXAS A&M UNIVERSITY-CORPUS CHRISTI COUNSELING CENTER

The Counseling Center provides individual and group counseling, outreach services and programming. The Counseling Center presentations over a variety of topics such as sexual assault prevention and depression and suicide. To learn more, click [here](#).

Location: Driftwood Building, unit 5716

Hours: Monday-Friday 9 a.m.-4 p.m.

Phone: (361) 825-2703

Website: To visit the website, click [here](#).

ACADEMIC SUCCESS COUNSELING

On-campus department designated to help students struggling with academics. Offers resources for study skills, test anxiety, and stress management. To visit the website, click [here](#).

GAMMA PI - ROSE-HULMAN INSTITUTE OF TECHNOLOGY STUDENT COUNSELING SERVICES

On campus counseling and support center that provides confidential individual and group counseling. Counseling services also provides presentations on a variety of topics. Workshops can be catered to the needs to a specific group. For more information on available topics and to request a program contact Counseling Services at counseling@rose-hulman.edu or (812) 877-8537.

Location: Hulman Union Building, Room 147

Hours: Monday-Thursday 8 a.m.-7 p.m.; Friday 8 a.m.-5 p.m.

Phone: (812) 877-8537

Email: counseling@rose-hulman.edu

Website: To visit the website, click [here](#).

GAMMA PSI - WOFFORD COLLEGE COUNSELING SERVICES

Professional counselors are available to students who are experiencing personal, psychological and/or adjustment issues.

Location: Hugh R. Black Building

Phone: 865-597-4730 ext. 4370

Website: To visit the website, click [here](#).

WELLNESS CENTER

The Wellness Center promotes the wellbeing of a student is important to achieving success academically.

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (864) 597-4370

Website: To visit the website, click [here](#).

GAMMA RHO - PEPPERDINE UNIVERSITY PEPPERDINE COUNSELING CENTER

The Counseling Center provides support to victims of domestic violence, sexual assault and more.

Location: TCC 270, Malibu Campus
Hours: Monday-Friday 8 a.m.-5 p.m.
Phone: (310) 506-4210
Email: student.counseling.center@pepperdine.edu
Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

A list of resources for those in the Pepperdine community regarding mental health, education and other topics of interest. To visit the website, click [here](#).

GAMMA SIGMA - COLGATE UNIVERSITY COUNSELING CENTER

The counseling center provides individual, group, and couples counseling, outreach services, consultations, referrals and more. The counseling center also provides outreach programs to educate the Colgate community about psychological topics. To learn more, call (315) 228-7385 ext. 7385.

Location: Conant House
Hours: Monday-Friday 8:30 a.m.-noon, 1:30 p.m.-5 p.m.
Phone: (315) 228-7385
Website: To visit the website, click [here](#).

SHAW WELLNESS INSTITUTE

On-campus resource that focuses on the eight dimensions of wellness. Provides campus programming for students including an eating issues management team, a Bystander workshop and other physical and mental health programming. To visit the website, click [here](#).

GAMMA TAU - JAMES MADISON UNIVERSITY COUNSELING CENTER

Consists of Sexual Trauma Empowerment Program (STEP), counseling, advocacy, and consultation. Services Include:

- **Individual Counseling** – Individual counseling provides survivors with a safe and confidential environment to explore their sexual trauma and/or how it may be affecting other aspects of their current functioning. Counseling at the Counseling Center is a collaborative endeavor in which the counselor and client work together to identify goals and directions for treatment.
- **Support Group** – During the Fall and Spring Semesters of each academic year, the Counseling Center offers support groups for survivors of sexual trauma as well as a women's process group. The groups are available to current, full-time undergraduate and graduate students and there is no session limit on group participation. Survivors of all types of sexual trauma are welcome.
- **Advocacy** – Advocacy services on the individual level involve assisting sexual trauma survivors with medical, judicial, and legal referrals. The Counseling Center is also involved in university level efforts to better respond to and support the needs of survivors.
- **Consultation** – Consultation services are available to sexual trauma survivors as well as friends of survivors, faculty, staff, and family members. These services can help provide an understanding of the available Counseling Center services, how to help support a survivor of

sexual trauma, and relevant aspects of **Title IX**. To access these services, please contact the Counseling Center and request a consultation, by phone or in person, for you or about someone you know who has been assaulted.

Location: Student Success Center, 3rd Floor

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (540) 568-6552

Website: To visit the website, click [here](#).

ACADEMIC SUCCESS CENTER

Academic resources for students who are struggling with their schooling. Offers multiple resources, including tutoring and general career advising. To visit the website, click [here](#).

GAMMA XI - FURMAN UNIVERSITY STUDENT LIFE COUNSELING CENTER

The Counseling Center provides student survivors of sexual assault or harassment with confidential, long-term or short-term counseling. Therapists are available to assist survivors in forming a safety plan.

Location: Earle Infirmary

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (864) 294-3031

Website: To visit the website, click [here](#).

CENTER FOR ACADEMIC SUCCESS

On-campus resource for academic success, including tutoring and general academic assistance. To visit the website, click [here](#).

GAMMA ZETA - MILLSAPS COLLEGE UNIVERSITY COUNSELING SERVICES

The Counseling Center provides free and confidential counseling on an individual basis.

Location: Office of Student Life

Phone: (601) 974-1206

Website: To visit the website, click [here](#).

IOTA - UNIVERSITY OF MICHIGAN-ANN ARBOR COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

On campus counseling and support service that provides individual and group counseling.

Location: 3100 Michigan Union

Hours: Monday-Thursday 8 a.m.-7 p.m.; Friday 8 a.m.-5 p.m.

Phone: (734) 764-8312

Website: To visit the website, click [here](#).

STUDENT SERVICES

A list of resources for students experiencing stress or mental health concerns. To visit the website, click [here](#).

KAPPA - UNIVERSITY OF NEBRASKA - LINCOLN COUNSELING AND PSYCHOLOGICAL SERVICES

On-campus counseling center for students. Provides crisis intervention, individual counseling, group counseling and other treatment programs and resources.

Website: To visit the website, click [here](#).

ACADEMIC AND CAREER DEVELOPMENT CENTER

Offers resources to help students with career and academic decision-making. To visit the website, click [here](#).

LAMBDA – BAKER UNIVERSITY COUNSELING SERVICES

The counseling center strives to promote the health and well-being of the entire Baldwin City campus community. In addition to one-on-one and group counseling, the clinic staff offers a variety of programs throughout the year for students, faculty and staff. All sessions are confidential.

Location: 519 Grove Street

Hours: Monday-Friday 8:30 a.m.-4 p.m.

Phone: (785) 594-8409 or (785) 594-8365

Website: To visit the website, click [here](#).

MU - UNIVERSITY OF WISCONSIN - MADISON COUNSELING AND CONSULTATION SERVICES

The Counseling and Consultation Services is a free of charge service dedicated to providing students with counseling in order to improve overall mental health. All sessions are held confidentially.

Location: 333 East Campus Mall, 7th floor

Hours: Monday, Tuesday, Thursday, Friday 8:30 a.m.-5 p.m.

Wednesday 9am-5pm

Phone: (608) 265-5600

Website: To visit the website, click [here](#).

WELLNESS CENTER

Offers wellness programs for individuals and groups to support healthy minds, bodies, and spirits.

Some programs that are offered include mindfulness training, stress management, sleep management and psychology programs. To visit the website, click [here](#).

NU - OHIO STATE UNIVERSITY COUNSELING AND CONSULTATION SERVICE (CCS)

Student Life's CCS provides counseling and consultation to all students enrolled at OSU. offers counseling and therapy to help students address personal, academic and career concerns. Both individual and group counseling are available. To visit the website, click [here](#).

Phone: (614) 292-5766

ADDITIONAL RESOURCES

The College of Medicine Office of Student Life has created a list of mental health resources for students. To visit the website, click [here](#).

OMEGA - STANFORD UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

Information regarding all things Mental Health including, but not limited to, making appointments, assisting individual in distress, group workshops, referrals, and much more.

Location: Vaden Health Center

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (650) 723-3785

Website: To visit the website, click [here](#).

BRIDGE PEER COUNSELING CENTER

Anonymous peer-counseling center on-campus. **Phone:** 650-723-3392

STANFORD MENTAL HEALTH RESOURCES

Stanford has created a search engine for students to search their emotions and find resources based on their personal needs. To visit the website, click [here](#).

SUICIDE INTERVENTION TRAINING

Question, Persuade and Refer (QPR) trains students on how to recognize and respond to an individual in psychological distress and how to get this person the help they need. Students will know how to recognize the warning signs of someone in distress and possibly prevent a suicide. To learn more, click [here](#).

OMEGA DELTA - IOWA STATE UNIVERSITY STUDENT COUNSELING SERVICES

On campus mental health and counseling service that provides free, individual or group counseling sessions.

Location: Student Services Building, 3rd floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (515) 294-5056

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

Please consult this list of resources compiled by the university for students who are struggling with mental health. To visit the website, click [here](#).

OMICRON - SYRACUSE UNIVERSITY SYRACUSE COUNSELING CENTER

The Counseling Center provides comprehensive mental health, sexual/relationship violence advocacy and support, and substance abuse services to assist in promoting students' well-being, safety, academic success and personal growth.

Location: 200 Walnut Place
Phone: (315) 443-4276
Website: Click [here](#) to visit the website.

HENDRICKS CHAPEL

Provides privileged and confidential support to students. Faith based counseling is one of the many support programs the Chapel provides.

Location: Main Campus, Shaw Quad
Phone: (315) 443-2901
Website: Click [here](#) to visit the website.

OFFICE OF STUDENT ASSISTANCE

The Office of Student Assistance serves as a central support hub to help students and their families manage crises, life traumas, and other concerns or barriers that impede success. The office works to address the needs of students who struggle in areas such as psychological health, physical health, crime victimization, sexual misconduct and relationship violence, and social adjustment through a variety of interventions, referrals, advocacy and follow-up services.

Phone: (315) 443-4357 (HELP)
Location: 306 Steele Hall
Email: studentassistance@syr.edu
Website: Click [here](#) to visit the website.

PHI - UNIVERSITY OF IOWA UNIVERSITY COUNSELING SERVICES

On campus counseling and support center that offers counseling for individuals and groups.

Location: 3223 Westlawn
Hours: Monday-Friday 8 a.m.-5 p.m.
Phone: (319) 335-7294
To visit the website, click [here](#).

UNIVERSITY RESOURCES FOR STUDENTS

A list of resources for students, including academic success, financial resources and physical or mental health/emotional concerns.

To visit the website, click [here](#).

PHI ALPHA - UNIVERSITY OF TOLEDO UT COUNSELING CENTER

The Counseling Center provides screenings, counseling for individuals and groups, psycho-educational workshops sexual assault education and prevention programs. All services are free and confidential.

Location: Rocket Hall, Room 1810
Phone: (419) 530-2426

LEARNING ENHANCEMENT CENTER

On-campus resource for students struggling with academics or academic stress. Includes online tutoring, academic workshops, other resources and strategies to ensure academic success. To visit the website, click [here](#).

PHI EPSILON - UNIVERSITY OF SOUTHERN MISSISSIPPI STUDENT COUNSELING SERVICES

The Counseling Center provides counselors available during office hours as well as on-call for students who experienced or are experiencing crisis situations.

Location: Kennard-Washington Hall, Room 200

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: For the office, call (601) 266-4829

For on-call counselors, (601) 606-4357

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of both on and off-campus resources for students struggling with mental health. To visit the website, click [here](#).

ON CAMPUS OUTREACH PROGRAMS

Provides programs over depression, eating disorder, student counseling services and mental health. To learn more, click [here](#).

PHI ETA - TEXAS TECH UNIVERSITY COUNSELING CENTER

The Counseling Center provides individual, group and couples counseling, education and outreach programs. Click [here](#) to learn more about the counseling center's programs.

Location: Student Wellness Center, Room 201

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (806) 742-3674

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of resources for students struggling with mental health. To visit the website, click [here](#).

PHI KAPPA - CALIFORNIA STATE UNIVERSITY - LONG BEACH COUNSELING AND PSYCHOLOGICAL SERVICES

Confidential services provided to students include individual or group psychotherapy, psychiatric services, alcohol and drug counseling, and community outreach. CAPS offers a variety of programs such as self-esteem, relationships and dating violence. To learn more, click [here](#).

Location: Brotman Hall, Room 226

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (562) 985-4001

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

A list of resources for those struggling with mental health in the Long Beach area. To visit the website, click [here](#).

PHI LAMBDA - TEXAS CHRISTIAN UNIVERSITY COUNSELING AND MENTAL HEALTH CENTER

The Center provides individual, couples and group counseling, crisis intervention, consultations and psychiatric services. The counseling and mental health center also provides presentations to student groups of at least 10 students. Topics include, but are not limited to, stress management, exploring healthy relationships and depression. To learn more, click [here](#).

Location: Samuelson Hall (basement entrance)

Hours: Monday-Wednesday 8 a.m.-5 p.m.

Thursday-Friday 8 a.m.-5 p.m.

Phone: For the office, call (817) 257-7863

For the 24/7 Counseling line, call (817) 257-7233

Website: To visit the website, click [here](#).

CAMPUS ADVOCACY, RESOURCES, & EDUCATION

A list of resources, both on and off campus for students regarding different topics, such as mental health, sexual assault and academic support. To visit the website, click [here](#).

PHI MU - SOUTHEAST MISSOURI STUDENT COUNSELING SERVICES

On campus counseling and support center for students that provides confidential one-on-one counseling, educational and informational resources, and crisis counseling.

Location: One University Plaza

Phone: (573) 986-6191

Email: usc@semo.edu

Website: To visit the website, click [here](#).

SIGNS OF SUICIDE PREVENTION PROGRAM

The SOS Prevention Program is designed to help reduce the stigmas surrounding mental health and help people learn about prevention and encourage help-seeking. For more information and/or to register for a training, call (573) 651-5153.

PHI NU - LOUISIANA/LAFAYETTE UL COUNSELING AND TESTING CENTER

The Counseling Center offers unlimited, free and confidential sessions for individual or group counseling. It can also provide programming.

Location: Saucier Wellness Center (O.K. Allen Hall)

Hours: Monday-Thursday 7:30 a.m.-5 p.m.

Friday 7:30 a.m.-12:30 p.m.

Phone: (337) 482-6480

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of resources involving safety, engagement/dialogue and academic support. To visit the website, click [here](#).

PHI OMICRON - NORTHERN ARIZONA UNIVERSITY COUNSELING SERVICES (CS)

CS offers confidential, individual or group counseling for students. Counseling Services offers Community Outreach Programming for students and organizations. To request a program, click [here](#).

Location: Health and Learning Center - Bldg #25

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: For emergencies, call (928) 523-2261

For the office, call (928) 523-2261

Website: To visit the website, click [here](#).

PHI PHI - DELTA STATE UNIVERSITY COUNSELING AND TESTING CENTER

The Counseling Center provides free, confidential sessions to students.

Location: O.W. Reily Student Health Center

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (662) 846-4690

Website: To visit the website, click [here](#).

STUDENT SUCCESS CENTER

On-campus resource to help students struggling with their academics. To visit the website, click [here](#).

PHI THETA - AUBURN UNIVERSITY AUBURN UNIVERSITY STUDENT COUNSELING SERVICES

Student Counseling Services, a department of Student Affairs, provides mental health services and counseling in order to enhance the psychological well-being of students.

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (334) 844-5123

Website: To visit the Student Counseling Services website, click [here](#).

AUBURN UNIVERSITY PSYCHOLOGICAL SERVICES CENTER

An on-campus clinic that provides therapy and assessment services for those in the Auburn-Opelika area. Provides quality mental health services to the community, train future professionals and further knowledge through research.

Phone: 334-844-4889

Hours: Monday-Thursday 8 a.m.-7 p.m.; Friday 8 a.m.-5 p.m.

Location: 101 Cary Hall

PHI UPSILON - OKLAHOMA STATE UNIVERSITY OSU STUDENT COUNSELING CENTER

The Counseling Center provides a professional staff that serves as survivors' advocates. The first five sessions are free. The university counseling staff also provides presentations over alcohol and substance abuse, depression, relationships and suicide prevention

Location: 320 Student Union

Hours: Monday-Friday 8 a.m.-noon, 1 p.m.-5 p.m.

Phone: (405) 744-5472

Website: To visit the website, click [here](#).

COUNSELING PSYCHOLOGY CLINIC

The Counseling Psychology Clinic provides low cost and high-quality mental health and psychological services.

Location: 111 PIO Building

Hours: Monday – Wednesday, Friday 9 a.m.-4:30 p.m.; Thursday: 9 a.m.-8:30 p.m.

Phone: (405) 744-6980

Website: To visit the website, click [here](#).

PHI XI - WICHITA STATE UNIVERSITY COUNSELING AND TESTING CENTER

The Counseling and Testing Center provides a range of services designed to help students succeed in academic and personal lives.

Location: Grace Wilkie Hall, Room 320

Hours: Monday, Thursday, Friday 8 a.m.-5 p.m.; Tuesday, Wednesday 8 a.m.-7 p.m.

Phone: 316-978-3440

Website: To visit the website, click [here](#).

ACADEMIC ADVISING

A list of academic resources for students struggling with their schooling. To visit the website, click [here](#).

PHI ZETA - UNIVERSITY OF PUGET SOUND COUNSELING, HEALTH AND WELLNESS SERVICES

This helps students achieve their intellectual, social, and emotional potential by offering professional psychological and primary health care.

Address:

1500 N. Warner St. #1035

Tacoma, WA 98416-1035

Phone: (253)-879-3766

Hours: 8 a.m.-8 p.m.

ADDITIONAL RESOURCES

The university has also compiled a list of recommended local mental health care providers. Click [here](#) to learn more.

PI - UNIVERSITY OF CALIFORNIA. BERKELEY UNIVERSITY HEALTH SERVICES TANG CENTER

The University Health Services Tang Center provides medical and health services to students.
Services included:

- **Survivor Counseling, Advocacy & Assistance** – Provides individual and group support as well as consultation to the campus community. (510) 642-6074
- **Prevention Services** – Workshops and training for women and men on preventing rape and sexual assault. (510) 642-7202

Location: 2222 Bancroft Way.
Berkeley, CA 94720

Phone: (510) 642-2000

After Hours Assistance: (510) 643-7197

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

On-campus counseling for academic, personal and career concerns.

Phone: 510-642-2368

Website: To visit the website, click [here](#).

SOCIAL SERVICES (SOS)

Counseling for specialized concerns such as chronic medical illnesses, pregnancy, eating disorders and nutrition, violence, and alcohol or other drugs.

Phone: 510-642-6074

Website: To visit the website, click [here](#).

PSI - UNIVERSITY OF PENNSYLVANIA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

The university offers Counseling and Psychological Services which gives students confidential, individual or group counseling.

Location: 133 South 36th Street, 2nd Floor

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (215) 898-7021

Website: To visit the website, click [here](#).

PENN BEHAVIORAL HEALTH

The Department of Psychiatry at the University of Pennsylvania provides the highest level of care to patients. Psychiatric and behavioral health disorders range from potentially life-threatening disorders, as well as less debilitating but common conditions, such as anxiety and less severe mood disorders. To visit the website, click [here](#).

THETA ALPHA - UNIVERSITY OF WASHINGTON COUNSELING CENTER

The center provides confidential, individual or group counseling sessions for students.

Location: 401 Schmitz Hall

Hours: Monday - Friday 9 a.m.-4 p.m.; Tuesday 10 a.m.-4 p.m.

Phone: (206) 543-1240

Website: To visit the website, click [here](#).

HEALTH & WELLNESS

Health & Wellness provides services to all students with respect to their identity, race, color, creed, religion, national origin, gender identity, sexual orientation, age, disability or socioeconomic status. Health & Wellness Services offers programming and training for students and organizations.

Location: 101 Gerberding Hall

Phone: (206) 543-4972

Website: To visit the website, click [here](#).

THETA BETA - UNIVERSITY OF COLORADO, BOULDER COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS helps strengthen the CU campus community by offering prevention education and programming. Programs include workshops, trainings, mental health screenings, participation in campus events and topic focused interactive activities.

Location: Center for Community (C4C) building, Room S440

Hours: Monday-Friday 10 a.m.-4 p.m.

Phone: (303) 492-6766

Website: To visit the website, click [here](#). Click [here](#) to read an article about the best mental health resources at CU Boulder.

ADDITIONAL RESOURCES

For a list of resources compiled by the university for physical and mental health click [here](#).

THETA DELTA - UNIVERSITY OF OREGON COUNSELING AND TESTING CENTER

The Counseling Center has many resources for students and the community. Some resources include presentations that cover a myriad of different topics related to health. Students can also access resources for self-help regarding sexual assault, stalking, suicide and other issues. The counseling center provides various presentations in order to better educate students. To learn more, click [here](#).

Location: 1590 E 13th Avenue
Eugene, OR 97403

Hours: Monday, Tuesday, Wednesday, Friday 8 a.m.-5 p.m.; Thursday 10:15 a.m.-5 p.m.

Phone: (541) 346-3227

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of resources for students regarding mental health. To visit the website, click [here](#).

THETA EPSILON - SOUTHWESTERN UNIVERSITY COUNSELING SERVICES

Location: Prothro Center for Lifelong Learning
1001 E. University Ave.

Hours: Monday-Friday 9 a.m.-5 p.m.

Phone: (512) 863-1252

After hours: Contact SU Police and ask to speak with a counselor

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of on and off-campus resources for students. To visit the website, click [here](#).

THETA ETA – UNIVERSITY OF WYOMING UNIVERSITY COUNSELING CENTER

Counselors are available to provide students with either confidential, individual or group counseling sessions.

Location: 341 Knight Hall, Department 3708

Hours: Monday-Friday 8 a.m-5 p.m.

Phone: (307) 766-2187

Website: To visit the website, click [here](#).

WELLNESS CENTER

On-campus wellness center that has programming, such as meditation, yoga and other mental health resources. To visit the website, click [here](#).

ADDITIONAL RESOURCES

The following resources can be used to educate your chapter on mental health:

- **Outreach Programming** – Seminars and workshops on mental health, adjustment and developmental topics are presented to student groups to help students learn skills and strategies to resolve and cope with stress and life adjustment problems. To learn more, click [here](#).
- **Gatekeepers** – As part of a comprehensive suicide prevention initiative titled "UW Lifesavers Initiative," the UCC will provide Gatekeepers = Lifesavers training to student, staff, and faculty organizations that will help identify students at risk of suicide attempts and suicide. To learn more, click [here](#).

THETA GAMMA - UNIVERSITY OF OKLAHOMA UNIVERSITY COUNSELING CENTER

If you are experiencing a crisis, an on-call counselor is available to support victims.

Location: Goddard Health Center, 2nd floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (405) 329-2911

Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of additional resources. To visit the website, click [here](#).

THETA IOTA - KANSAS STATE UNIVERSITY COUNSELING SERVICES

On-campus counseling center for students struggling with mental health. To visit the website, click [here](#).

ACADEMIC ACHIEVEMENT CENTER

On-campus resources for academic success. To visit the website, click [here](#).

THETA KAPPA - SOUTHERN METHODIST UNIVERSITY COUNSELING AND PSYCHIATRIC SERVICES

The Counseling and Psychiatric Services (CAPS) provides individual and group counseling and psychiatric sessions for victims of sexual assault.

Phone: (214) 768-2277

Website: Click [here](#) to visit the website.

ADDITIONAL RESOURCES

A list of on-campus resources for students. Topic include physical and mental health, substance use and sexual assault help. Click [here](#) to visit the website.

THETA LAMBDA - COLORADO STATE UNIVERSITY COUNSELING SERVICES

Confidential counseling is available for those who have or are experiencing crisis or mental health concerns.

Location: Aylesworth Hall, NW Wing

Hours: Monday-Friday 9 a.m.-4 p.m.

Phone: (970) 491-6053

Website: To visit the website, click [here](#).

HEALTH EDUCATION & PREVENTION SERVICES

CSU Health Network Health Education and Prevention Services supports the health and well-being of students through the identification of campus health priorities and delivery of relevant programs, services and multidisciplinary initiatives that enable students to accomplish their academic goals and enhance personal development. Health Education & Prevention Services supports the health and wellbeing of students through education over topics such as alcohol and drugs, mental health and sexual health initiatives. To learn more, click [here](#).

Location: Aylesworth Hall, NW Wing

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (970) 491-1702

Website: To visit the website, click [here](#).

THETA MU - OREGON STATE UNIVERSITY COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

CAPS offers confidential, individual and group counseling sessions.

Location: 500 Snell Hall, 5th floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: For the office, call (541) 737-2131
For Crisis Counseling, call (541) 737-2131, option 1.
Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

Resources for those who want help or want to help others through mental health issues. To visit the website, click [here](#).

THETA NU - WASHINGTON STATE UNIVERSITY HEALTH & WELLNESS SERVICES

Health & Wellness Services offers Community Outreach Programming and training for students and organizations.

Location: Washington Building
Phone: (509) 335-3575
Email: hws@wsu.edu
Website: To visit the website, click [here](#).

COUNSELING & PSYCHOLOGICAL SERVICES

CAPS provides confidential, individual and group counseling sessions.

Location: Washington Building, 3rd floor
Phone: (509) 335-4511
Email: info@wsu.edu
Website: To visit the website, click [here](#).

THETA OMEGA - UNIVERSITY OF KANSAS COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS offers confidential counseling for individuals or groups. Session fees may be different depending on session. Visit the website for more information.

Location: Watkins Memorial Health Center
Hours: Monday, Thursday, Friday 8 a.m.-5 p.m.
Tuesday, Wednesday 8 a.m.-6 p.m.
Phone: (785) 864-2277
Website: To visit the website, click [here](#).

HEALTH AND WELLNESS CENTER

On-campus health and wellness center that provides programming and resources for students. To visit the website, click [here](#).

THETA TAU - UNIVERSITY OF IDAHO COUNSELING & TESTING CENTER

Location: Mary E. Forney Hall, Room 306
Hours: Monday-Friday 8 a.m.-5 p.m.
Phone: (208) 885-6716
Website: To visit the website, click [here](#).

ADDITIONAL RESOURCES

The university has compiled a list of resources for students struggling with their mental health. To visit the website, click [here](#).

THETA THETA - UNIVERSITY OF NEVADA RENO PSYCHOLOGICAL SERVICES CENTER

On-campus counseling center for students struggling with their mental health.

Phone: 775-784-6668

Website: To visit the website, click [here](#).

CRISIS CALL CENTER

Provides support services in situations of crisis: sexual assault, suicide, substance, abuse and physical/mental abuse. Services include a 24-hour hotline, support groups and a resource directory.

Phone: 775-784-8090

Website: To visit the website, click [here](#).

DOWNING COUNSELING CLINIC

A training center for graduate counseling students. Students can get help through this clinic with services like individual counseling, family counseling, consultations and referrals. To visit the website, click [here](#).

THETA UPSILON - UNIVERSITY OF TULSA COUNSELING AND PSYCHOLOGICAL SERVICES CENTER

The Counseling and Psychological Services Center offers a broad range of professional, educational and clinical services to all students, faculty and staff. The staff is devoted to helping with any concerns that might require psychological assistance. Services included:

- Individual and group counseling/psychotherapy
- Assessments
- Consultations and referrals
- Report filing

Location: Alexander Health Center

Hours: Monday, Wednesday, Thursday, Friday 8 a.m.-noon, 1 p.m.-5 p.m.; Tuesday 8 a.m.-noon, 1 p.m.-9 p.m.

Phone: (918) 631-2200

Website: To visit the website, click [here](#).

CENTER FOR STUDENT ACADEMIC SUCCESS

On-campus resource for students who are struggling with their academics. To visit the website, click [here](#).

THETA XI - UNIVERSITY OF SOUTHERN CALIFORNIA USC CENTER FOR WOMEN AND MEN

The USC Center for Women and Men exists to facilitate the success of students, faculty and staff by

providing innovative opportunities for leadership and scholarship and by offering advocacy and confidential counseling to those who have experienced gender-related harm.

Location: 1034 West 34th St., Suite 356

Los Angeles, CA 90089

Hours: Monday-Thursday 8 a.m.-6 p.m.; Friday 8 a.m.-5:30 p.m.

Phone: (213) 740-4900; After Hours On-call Counselor: (213) 740-4900 and press zero, “0”

Email: cwm@usc.edu

Website: To visit the website, click [here](#).

COUNSELING AND MENTAL HEALTH

On-campus counseling center that include programs such as individual therapy, group therapy, crisis support and psychiatric services. To visit the website, click [here](#).

THETA ZETA - UNIVERSITY OF TEXAS COUNSELING AND MENTAL HEALTH CENTER

The Counseling Center provides individual and group counseling, a 24-hr crisis line, training and educational programming. Services included:

- Voices Against Violence Program
- On Solid Ground Group – a 10-week semi-structured group that is open to survivors of interpersonal violence, abusive relationships, sexual abuse or stalking.

Location: Student Service Building, 5th floor

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: For the office, call (512) 471-3515; for the 24-hr line, call (512) 471-CALL (2255)

Website: To visit the website, click [here](#).

UPSILON - NORTHWESTERN UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

An on-campus counseling and support center that offers confidential individual or group counseling.

Location: 633 Emerson Street

Hours: Monday-Friday 8:30 a.m.-5 p.m.

Phone: (847) 491-2151

Website: To visit the website, click [here](#).

ACADEMIC SUCCESS CENTER

On-campus resource for students struggling with their academics. Includes tutoring and student success workshops.

Website: To visit the website, click [here](#).

ZETA - UNIVERSITY OF CINCINNATI COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS is a professional counseling office within Student Affairs that provides counseling services to students who have been impacted by a traumatic event and may be experiencing distressing thoughts, feelings and reactions.

Location: 225 Calhoun Street, Suite 200

Hours: Monday-Friday 8 a.m.-5 p.m.

Phone: (513) 556-0648 (available 24 hours)

WELLNESS CENTER PROGRAMS

The Wellness Center can provide presentations on a variety of different health and wellness topics. These programs include topics such as alcohol, mental health, sexual health, general health and wellness, financial wellness, nutrition/fitness, stress management, and gender-based violence prevention. To schedule a presentation, click [here](#).